

TRAINING MAKING HERBAL BATH SOAP IN STUDENTS IN PKBM AL MUSTAJAB KEC. BANGUNTAPAN KAB BANTUL AS AN EFFORTS TO IMPROVE COMMUNITY SKILLS AND HEALTH

by Crys Fajar Partana, Suwardi, Agus Salim

ABSTRACT

Bath Soap is an ingredient that everyone will need. Soap that is circulating in the market is generally chemical soap with soap from the earth, which if not treated with various additives can be harmful to skin health. Therefore, knowledge of soap and its benefits is needed.

One soap that is very safe if used as an ingredient to cleanse the skin is herbal bath soap. Herbal bath soap can be made alone with the ingredients around us. Herbal soap is relatively safer compared to bath soap that circulates around our homes. The main ingredients of herbal bath soap are only coconut and lye oil, also known as soda soda. With the right mixture, natural herbal bath soap that is safe for the skin will be obtained. This PPM activity was carried out by PKBM Al Mustajab in Jambatan Banguntapan Pleret Bantul. The activity was carried out by the coating and immediately carried out the practice of making natural herbal bath soaps.

The evaluation results showed that most of the PKBM students and also the Mustajab al-Banguntapan were very enthusiastic in attending counseling and the practice of making herbal soaps. This is evidenced by the many questions and requests for having herbal soaps made

Kata Kunci: *herbal soap, natural, PKBM Al Mustajab, skin health*