

# **DEVELOPMENT OF TRADITIONAL CHILDREN PLAY BASED INSTRUCTIONAL MODEL TO OPTIMIZE DEVELOPMENT OF KINDERGARTENERS' FUNDAMENTAL MOTOR SKILL**

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## **ABSTRACT**

Traditional children play is a suitable physical activity for instructional mean in kindergarten. The research intends to develop Traditional Children Play based instructional model to optimize development of fundamental motor skills of kindergarteners. This research used research and development approach from Borg & Gall. Research's subjects were traditional children play in DIY, and kindergartens in DIY. Data were collected by interview, observation, and documents analysis. Collected data were analyzed in three steps: organized and reduced, displayed, and summarized and verified. The study was done with following activities: identification of theoretical basis and determination of instructional model design, identification and analysis of traditional children play, and validation of instructional model. After being validated by material experts and teaching experts, the traditional children play based instructional model for optimizing the development of kindergarteners' fundamental motor skills consists of: (1) concepts/theoretical basis, (2) activity stages, (3) social systems, (4) principles of reaction, (5) supporting system, and (6) model impact.

Kata Kunci: *traditional children play, instructional model, fundamental motor skill, kindergarteners*