

EMPOWERING TUNANETRA SPECIAL NEEDS THROUGH THE GOAL BALL TUNANETRA CHAMPIONSHIP IN YOGYAKARTA CITY

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ABSTRACT

Children with special needs or often referred to as ABK are children who have their own uniqueness that is different from normal children in general. Parents should not need to have shame and hide the presence of ABK in their families. The community also needs to care more about these children so that in the future they will get better special education services and be able to develop their potential optimally. The combination of parents, schools (special education) and also the community is expected to make ABK more independent, physically and mentally healthy.

The blind are one of the classifications of children with special needs, where the ABK has many achievements. Some people think that the blind are people who cannot see the same scales so they have difficulty doing daily movements. In theory, a person with visual impairment is someone who has a visual impairment which, although assisted with improvement, still has a detrimental effect on the child concerned. The lack of vision does not rule out the possibility for them to get achievements in all fields. Many of these children excel in the arts and sports as well as in education where many have succeeded in becoming book writers and also teachers.

Every blind child who has visual impairment has potential in sports that should be honed. Apart from being able to look for hidden talents for ABK, this activity is also important because it is to improve physical fitness. In accordance with the motto of *mens sana in corpore sano* means a healthy soul in a healthy body. It is expected to have good fitness to get a healthy body so that the soul becomes healthy has good confidence even though they have limitations.

The learning process is an effort to create conditions that enable students to learn comfortably, so that children with special needs can achieve their goals. Likewise, physical learning means creating conditions that enable students to learn physical education. Physical education specifically made for children with special needs is called adaptive education. Adaptive Physical Education is a physical education that in learning is adapted to the characteristics and needs of the ABK. Adaptive physical education programs are made specifically and are different from normal children, so there needs to be certain modifications in the curriculum, learning strategies, materials and tools used, and learning methods. All the methods implemented did not necessarily succeed immediately, in fact, there were a lot of obstacles encountered in applying the method.

Kata Kunci: *Empowerment, Goalball, Blind*