

IMPROVING BASIC LEARNING OF SWIMMING MOVEMENTS THROUGH AN EQUIPMENT USE APPROACH FOR BEGINNER PKO-FIKK STUDENTS ACADEMIC YEAR 2023/2024

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ABSTRACT

Swimming skills are an important aspect that students must master. However, many students cannot achieve the expected graduation target. The problem in this research is how students can achieve the target of graduating in skills. This research is a classroom action research that uses 45 PKO Class 2023/2024 students as subjects and the object is to improve movement skills by approaching the use of tools. This research activity was carried out in September-October 2024. The data collection technique in this research uses the method observation, questionnaires and documentation. The results obtained in this research were analyzed descriptively using a percentage formula. The results of this assessment show that during cycle II the completeness of the formation of basic engineering skills had been achieved because the scores for all aspects were more than 75%. The conclusion of this research is that the application of tool use can improve the results of basic movement skills to achieve complete movement skills

Kata Kunci: *facilities, basic skills, swimming,*