

Increasing Care Skills in Indonesian Migrant Workers for Optimization of Growth and Development (Psychological Well Being) in Children

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ABSTRACT

This Community Service Program (PPM) was designed because of the problems that occurred in Indonesian Migrant Workers' Children (APM). The lack of care and protection makes a number of NERs malnourished, vulnerable to becoming victims of physical and psychological violence, or sexual violence, lack of education and suboptimal health. Therefore, it is necessary to make efforts from all parties to be able to overcome and prevent even worse things from happening to APM. This PPM program aims to find out about self-understanding and the target audience for their status as parents, healthy relationships in the family, as well as children's rights and positive parenting which are followed directly.

The form of the PPM program is in the form of an online workshop as part of psychological services through the zoom platform and psychological consultation via WhatsApp. The target audience is Indonesian Migrant Workers (PMI) who live in Singapore as many as 80 people (age range 18-43 years and all are female). This series of programs is carried out from July 18-25, 2021. Evaluation of the use of pre and post tests with analysis using the Wilcoxon test. The results show that there is a significant difference in insight/knowledge among participants regarding the topics or issues discussed in the WAG so that the PPM implementation can be said to be successful.

Keywords: self-introduction, harmonious relations, children's rights, parenting, Indonesian migrant workers

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