East Java Athletic Training Center Athlete Selection Model

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ABSTRACT

The research was conducted in order to develop a model that is used to select superior athletes in the context of selecting training centers. Proof that a good model has the desired reliability and validity. The validity of the test can be proven in terms of content, criteria and construction. While the reliability of the model can be proven in terms of consistency and stability. The purpose of this research is to produce a model product of the East Java athletic training center athlete selection pattern that can provide benefits to athletes, coaches and administrators to make it easier to implement the athletic training center coaching pattern.

This research is a type of research and development (R&D). The approaches used in the research are qualitative and quantitative approaches, which are approaches to find answers to problems and research objectives. The research steps using the step development model developed by Borg and Gall, include: (1) needs analysis, with literature studies, field data collection studies, process observations, identification of problems encountered and descriptions and field findings; (2) model development planning, to make an initial product in the form of a model that can later be used as a guide for athletes and coaches who are members of the East Java athletic training center; (3) design validation, to perfect and improve the model of the East Java athletic training pattern that has been made, validation is carried out through expert review by athletic trainers and consultants; (4) small group trials, which are the results of field notes (filed notes) and questionnaires given; (5) product revision, which is the result of field notes in small groups so that they can be used to revise the model; and (6) effectiveness test, carried out with a quantitative approach to find out how effective the results of implementing the model in fostering the East Java athletic training center are.

Kata Kunci: *Training Model, Selection Test*