

WATER SAFETY TRAINING AS A PREVENTIVE ACT AND GIVING SECURE FOR TEACHERS JASMANI EDUCATION IN SCHOOL

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ABSTRACT

The purpose of this PPM activity is to provide knowledge and skills in water safety programs such as swimming pools, swimming pools, handling of drowning victims, cardiovascular endurance and diving. This program is intended as a form of preventive action and provide a sense of security for teachers and students of physical education in schools. Activity method using two approaches namely, theoretical and pratek approach consisting of material exposure, discussion, and question and answer. Each approach ends with an evaluation. Success indicators are marked by participants' high motivation, new knowledge and skill on pool management, pool risk management, pooling techniques helping with the roots, pooling techniques with no tools, and CPR techniques. Training activities carried out on 26 s.d. July 29, 2017. The theoretical approach of using quisionary evaluations and the practice approach with swimming evaluations help without laa and with tools, and CPR techniques. The total length of 32-hour devotion consists of 16 hours of training and swimming practice helps for 16 hours. This training model brings an innovative and enthusiastic atmosphere to the participants. Conclusion: (1) Implementation of water safety training at KKG Penjas Kecamatan Turi, followed by 30 teachers of pemas, (2) Implementation of water safety training practice, (3) Implementation of water safety training (water) safety) in 10 elementary schools in Kecamatan Turi, (4) The target of success was achieved, from 80% (8 groups / 25 people) to 90% (9 groups / 27 people).

Kata Kunci: *Water safety, water safety, swimming help, elementary school*