

THE EFFECTIVENESS OF EXPERIENTIAL LEARNING IN BUILDING ENDURANCE SKILLS IN FIPP UNY OUT-OF-SCHOOL EDUCATION PROGRAM STUDENTS

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ABSTRACT

This research aims to describe whether experiential learning, through major practice, can build endurance skills, or hardiness skills, which include the ability to resist fatigue, recover quickly in carrying out their duties for students in the Out-of-School Education study program. This research aims to determine the effectiveness of experiential learning in building endurance skills for students in the out-of-school education study program, Faculty of Education and Psychology, Yogyakarta State University. The research method that will be used in this research is evaluation research, using CIPP evaluation, where the research stages include preparation of proposals, proposal seminars, instrument development, data collection, analysis and preparation of reports and outputs. The research target is students who are taking practical major courses. Data collection techniques through documentation, interviews, observation and surveys. The data analysis technique uses descriptive methods with data triangulation techniques. The research results show that the research has gone through the stages of needs analysis, preparing research instruments, testing instrument validity, and collecting research data. The validity results show that the instrument is valid and suitable for use with slight improvements. Data collection has been carried out with student respondents, institutions where the department practices, and lecturers who teach the department's practical courses. The research results show that the endurance skills of PLS students are in the very high category after they take part in practical major courses (experiential learning) at partner institutions. This indicates that the department's practical courses are effective in improving students' endurance skills, where these abilities are really needed by students both in carrying out lectures and when they enter the world of work later.

Kata Kunci: *Experiential Learning, Endurance skills, Out-of-School Education*