

Strengthening the Role of Parents in Empowering Adolescent through the Bina Keluarga Remaja Program

by Rosita Endang Kusmaryani, Siti Rohmah Nurhayati, Farida Harahap, Banyu Wicaksono

ABSTRACT

Bina Keluarga Remaja (BKR) is an activity forum established by the National Population and Family Planning Agency (BKKBN) which has family members who have teenagers aged 10-24 years with the aim of increasing the knowledge and skills of parents and other family members in nurturing and fostering youth development. The BKR program in Mulyodadi Village is a program initiated from community concerns about the problems faced by some teenagers in Mulyodadi Village, in the form of juvenile delinquency to violations of moral norms. This program is driven by cadres from the community. For this reason, assistance and capacity building need to be done to support the success of the BKR program. The PPM program that was carried out focused on building the knowledge of prospective BKR cadres on the issues and dynamics of teenagers' lives. The indicator of the success of this program is the increasing understanding of BKR cadre candidates regarding the material provided. Measurements of success were carried out with a pre-test and post-test instrument that measured participants' understanding of the material presented. The results of the analysis showed an increase in the score from the pre-test ($M = 58.58$) to the post-test ($M = 63.50$). An increase of 4.92 mean points from the pre-test to post-test showed that the material delivered throughout the BKR program was able to improve participants' understanding. It's just that this increase has a non-significant difference test value ($t = -1.28$; $p > .05$). This indicates that the increase in knowledge is still not maximized and cannot eliminate the possibility of increasing this knowledge due to random or accidental events. Furthermore, the descriptive analysis of the evaluation sheet showed that most participants (80.77%) felt the material presented was useful, interesting, and appropriate to their needs. Meanwhile, 19.23% of the other participants felt that the material presented was quite useful, quite interesting, and quite appropriate to their needs. Cadre training conducted at the PPM this time was able to contribute to increasing the knowledge of residents regarding healthy dating, parent-teen relations, and teen career planning, although the increase did not have a statistically significant difference. From this activity the residents expressed their willingness to practice the knowledge gained in their families while socializing the knowledge they had just gained from other communities. Related suggestions, as well as proposals regarding the material and format of activities are input for the following activities.

Kata Kunci: *Bina Keluarga Remaja, Adolescent, Family, Parent-Child Relationship, Communication*