

BUDAYA DAN GAYA PELATIHAN PARA PELATIH BOLA VOLI DI SEKOLAH MENENGAH ATAS

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ABSTRACT

Every volleyball coach has a different culture or approach in coaching. These cultural differences are influenced by the knowledge and experience of each volleyball coach. In addition to experience, knowledge is also the characteristics of athletes held in the team. Culture and also the training approach will greatly influence the achievement of the goal of volleyball practice, namely towards achievement. The purpose of this study is to make a comparison between the training culture and the approach of upper-middle-level volleyball coaches in Hong Kong and Indonesia in order to get a reflection or feedback, as well as recommendations from the research results obtained for improving the quality of coaches in both countries. Comparison study research method with questionair instruments. Data analysis using t test, or different test. Normality data analyze with Kolmogorov-Smirnov and Homogeneity with Lavene's Test. Research subjects are extracurricular volleyball coaches in high schools in Indonesia 85 coaches, and 22 coaches from Hong Kong. Findings The the results of the research data being normally distributed, homogeneity test of the data using Levene's test shows that the research data is homogeneous. Value of Sig.(2-tailed) < 0.05 There is a significant difference between the culture and style of coaching volleyball coaches in Indonesia and coaches in Hong Kong. There are significant differences between the culture and coaching style of volleyball training in Indonesian and Hong Kong senior high schools.

Kata Kunci: *culture, coaching styles, volleyball*