

SOCIALIZATION AND EDUCATION OF ANTI-DOPING RULES FOR SPORTS BRANCHES IN THE SPECIAL REGIONS OF YOGYAKARTA

by Djoko Pekik, Suharjana, Edy Purnomo

ABSTRACT

The purpose of this PPM is to provide knowledge and education for doping problems and their use among athletes, administrators, and sports coaches. This program is expected as a form of preventive action for athletes before attending the game event both national and international scale. Activity method using two approaches that is, theoretical approach and pratek Activity method using theoretical approach consisting of material exposure, discussion, and question and answer. The theoretical approach ends with evaluation. Classroom socialization material that will be explained theoretically: a) Definition of Doping; b) Doping Proof; c) Prohibited List; d) Sample Analysis; e) Automatic Disqualification of Individual Outcomes, f) Sanctions Against Individuals, g) Violations of Doping Rules, etc. In general, this socialization activities run smoothly and in accordance with the program that has been planned. This program is held on Saturday-Sunday on 28-29 October 2017. The location of dedication is held in KONI DIY building. The total length of 16 hours of service, consisting of 8 hours of regulation sosisilization and 8 hours of self-service. The number of participants who participated in the event as many as 37 people from 17 sports. Implementation of this socialization activities can not be separated from the supporting and inhibiting factors. Supporting factors in this training activities include: (1) The amount of interest participants who follow the socialization of 37 people coach / athlete; (2) conducive socialization climate so that PPM implementation runs smoothly; (3) The presence of trainers / athletes who are thirsty for doping information indicates the importance of this issue. The inhibiting factors include: (1) The participants' knowledge of the prohibited substances / doping is still low; (2) The timing of the exit from the plan due to the many other activities at the same time

Kata Kunci: *doping, socialization, sports*