

E-LEARNING TRAINING FOR PHYSICAL EDUCATION LEARNING IN ELEMENTARY SCHOOL, BERBAH DISTRICT

by Danang Pujo Broto, Hari Amirullah Rachman, Sudardiyono,

ABSTRACT

The purpose of this PPM activity is to increase knowledge and understanding in compiling and developing basic movement materials online for Teachers of Physical Education, Sports and Health (PJOK) in Elementary Schools in Berbah District, Sleman Regency. Thus, after this training, it is hoped that elementary school physical education teachers can implement knowledge and understanding of the preparation of online learning lesson plans. The knowledge and understanding gained is expected to be used to design learning so that learning can take place effectively and efficiently during the COVID-19 pandemic.

There are three methods used to carry out PPM activities in the Field of Sports Expertise during the COVID-19 pandemic, namely: (1) the lecture method, (2) the question and answer method, and (3) the assignment method (recitation). Providing theoretical material through lecture, question and answer, and discussion methods. The training materials consist of: motoric learning theory, implementation of online elementary physical education learning, media and online physical education learning applications, evaluation of physical education learning, and workshop preparation of lesson plans.

The results of the PPM show that although the training was conducted online, the level of enthusiasm for physical education teachers in elementary schools in Berbah District, Sleman Regency in participating in this PPM is very high. It can be proven that the training participants show a high level of discipline, sincerity, responsibility, and commitment. Likewise, based on the results of the PPM Team's observations, while participating in theoretical and practical activities in compiling the online physical education learning lesson plans, elementary school physical education teachers did it seriously, with discipline, and with high enthusiasm.

Kata Kunci: *E-LEARNING, PHYSICAL EDUCATION*