

TRAINING FOR INCREASING ACHIEVEMENT MOTIVATION FOR DIY WATER POLO PELATDA WOMEN ATHLETES

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ABSTRACT

This Community Service activity aims to increase achievement motivation for female athletes of Pelatda PON Water Polo DIY in facing PON Papua 2021. The goal of the service team is to carry out the Tri Dharma of Higher Education in the form of community service and to collaborate with various parties to provide training to increase motivation for the women athletes of the DIY Water Polo PON Pelatda.

The PPM activity took place on 7-8 June 2021. This activity was carried out at the Depok Sport Center Seturan Yogyakarta. The results of the implementation of community service activities to increase achievement motivation for female athletes of the DIY Water Polo PON Pelatda are as follows (1) The training activities to increase achievement motivation for female athletes of the DIY Water Polo PON Pelatda run smoothly without experiencing significant obstacles; (2) The number of participants who took part in the training to increase achievement motivation for female athletes from the DIY Water Polo PON Pelatda was 18 athletes and 3 trainers; (3) All participants participated enthusiastically in both theoretical and practical activities. The training is expected to increase achievement motivation for the Women Athletes of the DIY Water Polo PON Pelatda to increase the athletes' confidence and optimism in facing the 2021 Papua PON. The training can build a super team

Kata Kunci: *training, motivation, water polo athletes, PON Papua*