

# COMPARISON OF ACHIEVEMENT MOTIVATION OF PARTICIPANTS IN YOGYAKARTA AND BURUNDI KARATE AND TAEKWONDO SPORTS

by Tomoliyus, Salvator Nahimana, Abdul Alim, Agung Nugroho, Nevita Ariani, Hary Widodo, M.Khairil Fajri, Verdiana Argajati L, Drastiana Siwi M

## ABSTRACT

Encourage others to follow directions towards desired goals called motivation. The way they choose goals and the methods used to try to change their behavior. Motivation is a very factor important in the process of developing karate and taekwondo martial arts athletes so that they remain competitive. The aim of this research is to assess the level of motivation achievements related to participation in Karate and Taekwondo in Yogyakarta and Burundi. Proven based martial arts training techniques research creates an interesting and satisfying training environment for athletes. This research is a quantitative descriptive research that investigated practice Taekwondo and Karate coaching is focused on athletes' sports participation achievement motivation. This research involved 188 Karate and Taekwondo athletes (100 boys, 88 girls) from the cities of Yogyakarta and Bujumbura, selected through probability sampling method and simple random sampling technique. The data collection instrument is the Sports Achievement Motivation Scale, adapted from the Achievement Motivation Scale. The findings show that differences significant relationship between martial artists' sports participation achievement motivation Taekwondo and Karate from Bujumbura and Yogyakarta. Plus, encouragement motivation varies between male and female athletes, regardless of country. That's a profile the dominant motivation is the Success Approach to Training (MST), with 8 out of 14 agreed that the items fall into this dimension. Overall, athlete indicates the exercise level "Agree". participation achievement motivation ( $\chi^2 = -0.473$  logits), highlights the importance of coaching centered on motivational profiles for increase success. These findings might be a guide for Coaches Taekwondo and Karate in adapting methods and interventions to align with athlete conditions

Kata Kunci: *athlete, achievement motivation, pencak silat, karate, taekwondo*