TRAINING OF SCHOOL RESILIES FOR STRENGTHENING FOR EDUCATION DISASTER MITIGATION IN SLEMAN DISTRICT

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ABSTRACT

Schools have not played a role in disaster mitigation. Strengthening resilience is needed for mitigation education because School resilience training will strengthen the role of schools in disaster mitigation. Therefore, school resilience for elementary school teachers in Sleman Regency can improve school resilience needed in disaster mitigation education. This activity was held on 12 May 2018 at SD Muhammadiyah Sapen. The target audience of this training were all elementary teachers in Sleman Regency, Yogyakarta, totaling 29 people.

The purpose of the first activity is to provide knowledge about the concept of developing resilience and developing teacher resilience for disaster mitigation education. The results of the training that 1) the teacher initially had the initial knowledge about personal resilience but not optimal; 2) strengthening teacher resilience is done by playing the "river of life" which is able to move knowledge, attitudes, and behaviors that are effective to develop the resilience needed by the school in disaster mitigation. The training method uses an "experiential learning" strategy that is able to explore the potential of teachers in developing experiences to form resilient individuals. Training evaluation is done by measuring the level of teacher resilience that is used as a basis for making an action plan independently for strengthening school resilience.

Playing the "river of life" is clearly illustrated by writing down the year of events that according to the teachers were the most memorable years of his life both pleasant and sad from birth to the present. The next activity is the independent task of creating an action plan for self-improvement and school improvement, the teachers get input from other participants as well as from the speakers. Evaluation to find out how much understanding elementary school teachers about resilience for disaster mitigation education, at the end of the activity carried out an evaluation with direct discussions with the teachers through conveying what is their resilience and experience related to disaster resilience and mitigation.

The most effective form of resilience strengthening is done by using the "river of life" because it is able to explore knowledge, response, actions related to strengthening the teacher's personal resilience needed in disaster mitigation.

Kata Kunci: resilience, mitigation disaster, elementary school