

PROFILE OF THE PHYSICAL CONDITIONS, SKILLS, AND SPORTIVE ATTITUDES OF ELITE, NON-ELITE YOUTH PLAYERS (Comparative Study of Young Football Players)

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ABSTRACT

The performance of a football player in a competitive match is influenced by his physical condition, skills and behavior whether in training, competing, or in everyday life. Comprehensive ability is the hope of all football coaches. The study was conducted to determine the profile of the physical condition, skills, and sportsmanship of youth football players in the elite and non-elite categories at the provincial level football federation. The method used is descriptive quantitative with a test instrument for the special physical conditions of football, playing skills and sports attitude questionnaire. The results of this study are useful for improving the policy of coaching models and the quality of training for young players. Based on the results of the study, the physical condition of soccer players which includes body mass index shows that non-elite players have a higher body mass index, while the components of flexibility, leg power, speed, coordination, agility and endurance of elite players show higher results than with non elite players. On the skill aspect, the results show that the skills of passing, receiving, dribbling and heading for elite players are better than those of non-elite players. Whereas in the character of sportsmanship, it can be concluded that both elite and non-elite players have a very high category of sportsmanship in the discipline category. the agility and endurance of elite players showed higher results compared to non-elite players. On the skill aspect, the results show that the skills of passing, receiving, dribbling and heading for elite players are better than those of non-elite players. Whereas in the character of sportsmanship, it can be concluded that both elite and non-elite players have a very high category of sportsmanship in the discipline category.

Kata Kunci: *physical condition, skills, sportsmanship, football*