

OPTIMALIZATION OF TAMAN OLAHRAGA MASYARAKAT (COMMUNITY PARK) OF FIK UNY BATCH I

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ABSTRACT

Aims. The aims of this community service program are: maximizing the TOM as a community park for physical activities for children and makes TOM as a clean, green, and interesting place so that the children and adults willing to play and do exercise at there. The target of this program are: (1) TOM environment by cleaning it, and (2) kindergarten teachers and students in DIY. **Methods.** The method of the program are: (1) cleaning the TOM area, (2) inviting the teachers and students, (3) developing games for the students which consists of coordination, speed, balance, accuracy, agility, and strength, and (4) all teams will get souvenir. **Results.** This program held 29 August 2015. There were 10 kindergarten teachers and 65 students from 3 schools participated in this event. The number of committee was 13, consists of lecturers and college students. There were 5 posts in this program: (1) running and jumping, (2) jumping and hopping, (3) balancing, crawling, and throwing, (4) running and building block, and (5) zigzag running. The program could be finished smoothly and success because of the good cooperation and teamwork between the committee, faculty, university, teachers, students, and parents of the students.

Kata Kunci: *Optimalization, Community Park, Early Childhood*