

## LEISURE TIME UTILIZATION MAPPING OF UNY STUDENTS IN COVID PERIOD

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### ABSTRACT

The disruptive era nowadays needs a productive and creative young generation. The purpose of this research was to map the free time utilization of UNY students in the industrial revolution era 4.0. The population of this research was the students of Universitas Negeri Yogyakarta. The sampling technique in the research was determined by referring to the Morgan and Krecjie table, noting if the population is above 20,000 then the number of minimum sample is 377 respondents, representing the populations in seven faculties in UNY. To avoid the drop out response, the number of samples was rounded to 560 respondents, with 80 respondents for each faculty, from FIP, FBS, FE, FIK, FIS, FMIPA, and FT. This research used a quantitative approach, with a descriptive statistic technique. Quantitative data was collected through a survey by using a google form to map the free time utilization pattern and to identify the types of activity that were done by UNY students in filling their free time. This research was important to be done to figure out the types of productive, educative, academic, non-academic, and recreational activity among students. The types of activity that were successful to be identified were: Education, sport and recreational, religious, family, community, and economy. Furthermore, free time utilization activity using media also was seen. The result of the research showed that free time usage of UNY students for educational activity was 65,87%, sport, and recreational activity was 57,86%, religious activity was 65,67%, family activity was 84,89%, community activity was 53,28%, and economic activity was 54,04%. Meanwhile, the media usage intensity was high. The result of this study can be used as information for policymakers in human resources (lecturers and students) development program on the campus.

Kata Kunci: *leisure time, students, college*