

Development of a portfolio model for Improve Motion Skills of Artistic Gymnastics PGSD FIK-UNY Students

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ABSTRACT

The purpose of the research in the third year was to examine the effectiveness of the Portfolio Model to improve artistic gymnastic movement skills of PGSD 2018 students. The method used in this year's research is research and development (research and development) from Borg and Gall at the effectiveness test phase. The design research at this stage was one group pre-test post design. The population in this study were 2018 class A PGSD students who took the basic gymnastic course. The data analysis technique of this year's research is quantitative descriptive statistical analysis of correlated t-group tests. Based on the results of the analysis it can be concluded that there are differences in gymnastic skills between before and after getting the treatment of artistic gymnastics learning with the portfolio model t count 21.53 p ; 0.00

Kata Kunci: Portfolio model, artistic gymnastic skills