Training in Conjoint Behavioral Consultation for Teachers in Bumi Cendekia Middle School and Pesantren, Yogyakarta

by Dr. Kartika Nur Fathiyah, S.Psi., M.Si, Dr. Farida Harahap, S.Psi., M.Si., Rahmatika Kurnia Romadhani, S.Psi., M.Psi., Nadya Anjani Rismarini, M.Psi

ABSTRACT

This article discusses an initiative undertaken in response to the communication challenges faced by teachers and mentors at Bumi Cendekia Middle School and Pesantren. Often, these educators struggled to effectively communicate students' progress to parents, leading to specific problems, especially in implementing positive discipline. This situation highlighted the inadequacy of teachers and mentors in conveying student developments, hindering optimal problem-solving and development strategies. To address this issue, enhancing the capacities of teachers and student mentors in applying Conjoint Behavioral Consultation (CBC) was considered appropriate.

The intervention involved several steps. Firstly, teachers and student mentors were equipped through Conjoint Behavioral Consultation training, employing methods such as brainstorming, lectures, discussions, Q&A sessions, and role-playing. Subsequently, efforts were made to maximize communication between teachers, mentors, and parents, fostering positive relationships and mutual support between the school and parents. Conjoint Behavioral Consultation steps were utilized, including problem definition, behavioral data analysis, parenting plan development, collaborative intervention implementation, and evaluation of the undertaken efforts.

The outcomes of this initiative demonstrated the establishment of synergy and positive communication between teachers, student mentors, and parents in implementing positive discipline. As a result, students consistently exhibited positive behavior both at home and in school.

Kata Kunci: Conjoint Behavioral Consultation, teachers, students