

# **EMPOWERMENT OF HOUSEHOLD MOTHERS IN SUMBERAGUNG, JETIS, BANTUL IN CULTIVATION AND PROCESSING MEDICINAL PLANTS FOR FAMILY**

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## **ABSTRACT**

This training aims to: (1) increase knowledge and understanding of housewives about the benefits of medicinal plants for family scientifically; (2) improve knowledge and skills housewives in cultivation of medicinal plants for family; (3) improve knowledge and skills of housewives in processing medicinal plants for family into a medical beverages. The target audience of service activities is housewives in Sumberagung, with a target of 30 trainees. In the implementation of service activities used lecture and demonstration methods. The lecture is used to explain the knowledge of various medicinal plants for family and its usefulness scientifically, good medicinal plants for family cultivation, and processing medicinal plants for family into a medicinal beverage, while the demonstration is done to improve the skills of the participants to process medicinal plants for family (turmeric) into a drug-efficacious powder. The supporting factor of the activity is the support from the trainees who are members of the Family Planning Program in Bulus Kulon, Sumberagung, while the constraining factor is the limited time of implementation. Overall service activities can be said to be good, judging from the success of the target number of trainees (75%), achievement of training objectives (80%), achievement of planned material targets (80%), and ability of participants in material mastery (75%). Service activities can improve: (1) the knowledge and understanding of the trainees on various types of medicinal plants for family and its usefulness scientifically, (2) the knowledge and skills of the trainees on good cultivation of medicinal plants for family and processing medicinal plants for family into a medicals beverages.

*Kata Kunci: empowerment, housewife, cultivation, processing, medicinal plants for family*