

The Path to Happiness: Analysis of Personality Development in the novel «Ta deuxième vie commence quand tu comprends que tu n'en as qu'une» by Raphaëlle Giordano

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ABSTRACT

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This study aims (1) to describe the storyline of the novel « Ta deuxième vie commence quand tu comprends que tu n'en as qu'une », (2) to describe the construction of individual personality development in the novel « Ta deuxième vie commence quand tu comprends que tu n'en as qu'une », and (3) to explain the stages towards happiness in the modern era. The theory of Humanistic Psychoanalysis was used as the basic concept to analyze the research object. The researchers used descriptive qualitative method with content analysis technique. To obtain the validity and reliability of research data, semantic validity and intrarater-interrater techniques were applied. The result of the study shows that the personality development is carried out through 24 creative methods that change the self and the environment.

The output of this study is in the form of scientific articles. The first scientific article will be sent to an accredited national scientific journal *Litera*. The other articles will be sent to the international literature conference at UNY in October 2019.

Kata Kunci: *personality development, modern, psychoanalysis, humanistic*