

Video Development of Basic Counseling Skills for the Coaching Stage Relationships as Learning Media for Micro Counseling Courses

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ABSTRACT

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ABSTRACT

This study aims to develop basic video counseling skills at the relationship building stage as a learning medium in the Micro Counseling Course. Basic counseling skills are one of the mandatory prerequisites for all Guidance and Counseling students to be able to continue their lectures, both individually and in groups. The research approach used is quantitative with a Research and Development research design that produces products in the form of videos of basic skills along with their reviews which are used as learning media for Micro Counseling Courses as one of the innovative efforts in facing the challenges of lectures during the pandemic. This development research uses a research design model Borg & Gall (1983) with stages in accordance with the limitations and assumptions to maximize each stage of the research. The stages used are: 1) initial research and data collection, 2) planning, 3) initial product development, 4) initial product trials, 5) initial product improvements, and 6) follow-up product trials and final product improvements. The subjects involved in this study were 3 Guidance and Counseling experts, 1 learning media expert, and 3 prospective users, namely Guidance and Counseling lecturers. The video content presented contains a visualization scheme of counseling activities carried out between the counselor and the counselee. In the video presented the basic skills of counseling by counselors who are considered wrong and visualization of basic skills by counselors that are really recommended. Furthermore, it ends with a video plot that reviews theoretically related to the basic skills of visualization of counselor counseling which is wrong and right. The results of the research are videos of basic counseling skills in the relationship building stage as a medium of learning for Micro Counseling Courses. Through this research, it can provide an overview of the application of basic counseling skills as things that need to be mastered by all Guidance and Counseling students in conducting professional counseling.

Keywords: basic counseling skills, video, counseling micro learning media

Kata Kunci: *basic counseling skills, video, counseling micro learning media*