STUDENT RESILIENCE IN COMPLETING STUDIES AT THE DEPARTMENT OF IPS EDUCATION FISHIPOL UNY

by Dr. Sudrajat, M.Pd,, Yumi Hartati, M.Pd.,

ABSTRACT

This research aims to measure the level of resilience of students at the Social Sciences Education Department, FISHIPOL UNY in completing their studies. The research method uses survey data from 217 students in this department. Student resilience is categorized into three levels based on statistical analysis: low, medium, and high. The results of this research show that the majority of students (71.89%) have a moderate level of resilience. They are able to overcome stress and academic challenges quite well. A small number of students (23.96%) have a high level of resilience, indicating an extraordinary level of resistance to academic obstacles. However, there is also a small percentage (4.15%) who have a low level of resilience and therefore experience difficulty in dealing with academic stress. This study provides significant insight into the resilience profile of students at the Social Sciences Education Department, FISHIPOL UNY. The practical implication of this research is that educational institutions can design support programs that suit the level of student resilience. Students with low levels of resilience can receive special attention and assistance to develop their abilities in facing academic challenges. The results of this research can be a basis for the Department of Social Sciences Education FISHIPOL UNY to improve the experience and well-being of their students, as well as provide a basis for further research in understanding the factors that influence student resilience in the context of higher education.

Kata Kunci: resilience, Social Studies,