

**TRAINING "KIDS STRENGTH, SPEED AND ENDURANCE TRAINING" TO STIMULATE THE DEVELOPMENT OF CHILDREN'S MOTOR SKILLS FOR KINDERGARTEN TEACHERS IN THE IGTK SUBDISTRICT OF BANTUL**

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**ABSTRACT**

The purpose of this training is to enhance the skills and knowledge of teachers in providing physical material in this strength, endurance and speed to stimulate early childhood motor development. This devotion programs implemented on 02 and 03 September 2015 at the kindergarten Hall Patrons Sub district of Bantul, and was attended by 29 participants. Methods used in this devotion are a method of lecture, discussion and practice to explain about the material to be provided IE about: strength training, endurance, and speed for early childhood either in theory or application. PPM program training "Kids Strength, Speed, and Endurance Training" to stimulate the development of these children, the Motor is considered very important for teachers at the kindergarten level and group learning or OLD and, in the framework of sharing and reminiscing of the knowledge that was gained by the changes and developments that exist today. So that knowledge and also insight into how to upgrade motoric children-increasing and can be carried out well.

*Kata Kunci: Kids Strength, Speed, and Endurance Training", the development of children's Motor*