

Training of Rugby for Physical Education Teacher In Sleman

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ABSTRACT

Physical education is part of an integral from overall educational process. Community and service aimed to introduce or socialization the game of Rugby through training of Rugby for physical education teachers in Yogyakarta. Community and service activities conducted two days, Friday and Saturday on 2 and 3 September 2016. The total number of participants is 30 people, 25 people from PE Teachers, consist of 9 (primary School), 7 (middle school) and 9 (high school), as well as 5 people is master programe students from State University of Solo. The activities ran smoothly without any significant obstuction. Implementation of community and service using training methods. Training was conducted for two days with a time of 17 hours, which includes theory and practical, and 6 hours of mentoring introduction of Rugby to primary school school. The results of this activity the participants actively and enthusiastically follow the activities and understand the game of Rugby. Upon completion of the training activities have been carried out, namely mentoring to the primary school (SD) Jomblangan, Bantul. Approximately 53 students participate in these activities.

Kata Kunci: Physical Education Teacher, Sport, Rugby, training, active and enthusiastic.