

SPORT MASAGE TRAINING IN TUNANETRA INDONESIA (PERUNI) UNITATION IN THE YOGYAKARTA SPECIAL REGION

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ABSTRACT

The implementation of PPM with the title of sport training at the Indonesian Blind Association (Pertuni) in the Special Region of Yogyakarta. The benefit of this training is that participants can use an approved sport massage technique that can be used for entrepreneurship in the field of massage services. The training was held in the lecture building of FIK UNY on Saturday-Sunday, April 13-14, 2019 with participants who were blind joining the Indonesian Blind Association (Pertuni) in the Special Region of Yogyakarta totaling 25 people. The training materials are anatomy and physiology, sports physiology, theory and sport massage methods. Trainees who are not trained in sports massage are given a notice of attending sports training, not a certificate received due to face to face who does not need to get a certificate.

Kata Kunci: *pertuni, sport massage*