

# NATIONAL DANCE TRAINING FOR CULTURE JUNIOR HIGH SCHOOL TEACHERS IN KULONPROGO REGENCY

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## ABSTRACT

Community service (PPM) activity was performed by targeting culture teachers, especially dance, in junior high schools in Kulonprogo Regency. Training Jepin Untun Belanay dance from Tarakan North Kalimantan Utara made by Datu Norbeck was expected to increase dance teachers' appreciation and skill in teaching national dances outside of their ethnicity.

The activity was performed on Fridays at 14.00 – 17.00, from August to September 2014 in Sentolo cultural heritage house of Mrs. Kusnoto in Kulonprogo Regency.

The process of *Jepin Untun Belanay* dance from (Tarakan) North Kalimantan used demonstration method. The movement series was shown by two student instructors from Department of Dance Education of FBS UNY. The dance composition consists of: 1) Swinging foot motion to enter, followed by *selipat* sitting; 2) Crossing motion back to starting movement; 3) Hand and *selipat* motion; 4) Walking on tiptoes; 5) Swimming motion like the start to the end part of *selipat*; 6) hand waving motion (front, left, right, front again); 7) Clapping motion; 8) Pulling motion; 9) *Toleh*, *selipat* hand motions; 10) Crossing motion, back to start. *selipat sesembahan*; 11) Swinging motion to leave the stage. As a result of this PPM activity, dance teachers of junior high schools in Kulonprogo Regency had increased appreciation to art, especially Jepin dance from North Kalimantan, and 75% participants memorized and understood the characteristics and motions of *Jepin Untun Belanay* dance.

Kata Kunci: *Training, national dance*