

PHYSICAL ACTIVITY FESTIVAL FOR CHILDREN IN DAERAH ISTIMEWA YOGYAKARTA

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ABSTRACT

The aim of this program was to socialize physical activity for children. This program was held on 21 June 2014 at Manding Forest on the east part of Rector Building. The participant of this event was 4 kindergarten schools in Daerah Istimewa Yogyakarta. There were 48 children and 10 teachers who participated on this event. There were 10 college students involved in this program. The method of this program was held the physical activity festival. There were some physical activity games in 4 posts which consist of coordination, speed, agility, and balance. Each post judged by the competent judge. The event was success because of the support and the good teamwork and cooperation between the team, faculty, university, students, teacher, and parents.

Kata Kunci: *Festival, Physical activity, Early childhood*