Socialization of the Progression Teaching Method Approach For Junior High School Physical Education Teachers in Sleman Regency

by Eddy Purnomo, Sriawan, Abdul Mahmudin Alim, Hery Yogo Prayadi

ABSTRACT

Abstracs: The purpose of this PPM is to provide knowledge and education on athletic learning problems, especially for running, jumping and throwing numbers in terms of the teaching progression method approach. This program is expected to be a form of renewal in the athletic learning process in junior high schools. The activity method uses the WEBINAR approach with the material a) the importance of teaching progression in athletic learning 2). Teaching progression in walking and running numbers, 3) teaching progression in jump numbers, 4) teaching progression in throwing numbers. In general, these socialization activities ran smoothly and were in accordance with the planned program. This program was held on Tuesday, 18 July 2020. The total length of service was 16 hours, consisting of 6 hours of socialization teaching progression and 8 hours of independent assignments. The number of participants who took part in the activity was 40 people from 40 junior high schools in Sleman Regency. Supporting factors in this PPM activity include: a) The cohesiveness of the PPM team that helps each other to help each other, so that this activity can run smoothly; b) The enthusiasm of the teachers, as participants during the WEBINAR activities, c) The attention of DISPORA officials and the head of the MGMP junior high schools. Physical Education and junior high schools. Physical Education teachers in preparing the PPM activities took place in a friendly atmosphere. As for the inhibiting factors, among others: The PPM Team actually did not consider anything as an obstacle. There are things that are blocking, but actually not that important, namely the absence of the PPM FIK UNY monitoring team, which should be present to monitor PPM activities. If the PPM monitoring team could participate in WEBINAR activities, this would certainly increase the enthusiasm of the participants, as well as DISPORA officials and the Head of MGMP junior high schools Sleman Regency.

Kata Kunci: Keywords: Teaching Progression, learning methods, Athletics