

Training on Making Instant Herbal Drinks for Students at PKBM Al_Mustajab Kec. Banguntapan Bantul Regency as an Effort to Improve Community Health and Skills

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ABSTRACT

Community service has been carried out aimed at 1) equipping the community so that they can make instant herbal drinks that are ready for consumption and beneficial for health, 2) motivating the community to become entrepreneurs of quality instant herbal drinks that are useful for public health.

In line with this goal, service activities in the form of training are carried out that provide theoretical and practical provisions on making instant ginger to the community around the Al-Mustajab PKBM, Banguntapan District, Bantul. The theory given is in the form of an explanation of the benefits of various kinds of "*empon-empon*" that are known by the public, how to make instant ginger and turmeric, and instant ginger entrepreneurship. At the end of the activity participants fill out an opinion questionnaire to see how they respond to the process of the activities carried out

The results show that the material delivery has been well received by the participants. Instant ginger can be made by using wet extract of ginger rhizome which is heated together with all ingredients such as sugar and other spice ingredients. This process can be done easily and safely. The training has been going well, the aspect that is rated the highest and categorized as very good (4.32 > 4.3) is the training atmosphere. While the material and speaker aspects were rated the lowest (4.18 > 4.0)

Kata Kunci: *community service, training, instant ginger, entrepreneurship, herbal drinks*