

Learning Models of Physical Activity Based on Motor Perception Kindergarten Student.

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ABSTRACT

Abstract

Objectives

This study aims to produce Learning Model of Physical Activity Based on Motor Perception of Kindergarten Students. This model is expected to be used as a learning activity of physical activity in kindergarten. This learning model is packaged in a safe, interesting and fun.

Methods

Research and Development (R & D). The following explanation of the scheme of research and development steps according to Borg & Gall, (2009): (1). Needs Assessment, (2) Planning, (3) Format development, (4) Initial product validation, (5) Expert test or Validation, (5) Initial product revision, (6). Product trials, (7) Product revisions, (8) Field trials. (9) Revised final product (10) Dissemination and implementation. Small-scale trials were conducted on students of Mawar Putih Puluhan Argomulyo Sedayu Bantul Yogyakarta totaling 15 children, while large-scale trials were conducted on the kindergarten students 03 Samben Argomulyo Sedayu, Srontakan Kemusuk kindergarten students, all of which amounted to 30 child. The data collecting instruments used are: (1) interview, (2) the value scale, (3) observation of the learning model, (4) acceptance, and (5) the observation guidance on the experimental educator. Data analysis techniques used are quantitative descriptive analysis and qualitative analysis.

Results

The result of this research is a learning model of physical activity based on motor perception that is documented in CD and instruction manual of learning of kindergarten students. The learning model is divided into 6 headings: (1) walking on the balance beam, (2) walking around the limb picture while mentioning, (3) jumping in the semi-circle hola hop, (4) running, jumping and jumping (left - to the right, forward - backward) with a hop hola, (5) 5 creeping while dribbling with a chest in a tunnel made from hola-hop, (6) throwing a balloon past a pair of hola hops in pairs. All items in the post are packed in the form of a series of activities.

Conclusions

At the end of this study, it can be concluded that the learning model made is very interesting, in accordance with the characteristics of kindergarten students, and can be used as a method of teaching in the students' physical activity learning kindergarten as well as very effective to develop the students' motor perception.

Kata Kunci : *Learning Models Physical Perception based , Motor Perception*