

# **ACADEMIC STRESS MANAGEMENT OF STUDENTS IN UNIVERSITY: STRUCTURAL EQUATION MODELING (SEM) IN THE CONTEXT OF INDONESIA**

**by Prof. Dr. Lantip Diat Prasajo, M.Pd**

## **ABSTRACT**

Some of the problems that are sources of academic stress can cause students to study longer and cause a drop out. The issue of academic stress predicted by burnout academics when completing student lecture studies is the main issue in this research. This phenomenon occurs in some students at UNY and Jambi University which are still part of research that has not yet been explored. Through the structural model, this research is intended to identify the loading factor of Academic burnout of students to the academic stress of students at two universities. The research output is part of the policy that will be recommended for both UNY and UNJA universities. The quantitative survey design research method used in this study contained eight stages to be carried out in the SEM analysis. The researcher selected 300 respondents from the planned student survey sample. After trialling the survey instruments, the data will be analyzed through CVI and EFA with the help of the SPSS application. To build the model, the AMOS version 23 program will be used for confirmatory factor analysis (CFA) and model evaluation. Regression for factor loading between variables, T-test for intervening variable differences and partially obtained structural equation modeling (SEM) for the factors that influence the best. This research was conducted at UNY and Jambi University with a total sample of 500 final year students.

Kata Kunci: *Phenomenon, Stress, Academic*