

Campaign on the Health Life Style on the High Risk of Diabetic Group in Women

by Kun Sri Budiasih, Kartika Ratna Pertiwi, Cahyorini Kusumawardani

ABSTRACT

Diabetes is a degenerative disease that is causing morbidity in Indonesia.. Prevalence of diabetes mellitus in Indonesia reaches 5,7% (1,2). The management of Diabetes includes diet, exercise, supplement or nutraceutical and insulin. Diabetes is a long term curing disease. In involvement of family and support groups were needed to help people which have a high risk in diabetes to manage their heath. Campaign on the Health Life Style on the High Risk of Diabetic Group in Women was an important thing to be carried out.

Kata Kunci: *diabetes mmelitus, campaign, Health Life Style*