

# CHOREOGRAPHY OF THE SEKARAN KRINCING DANCE BASED ON TRADITIONAL DANCES

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## ABSTRACT

This research aims to design the choreography of the *Sekaran Krincing* dance based on traditional dances from which the choreography is inspired.

It employed the research and development (R & D) approach and generated designs for dances to be performed by elementary school/junior high school/ senior high school students based on traditional dances. The data were collected using the techniques of questionnaire distribution, observation, interviews, and documentation. The data were analyzed using the qualitative descriptive technique through validation from experts and users as well as validation in terms of the content of the style of each movement making up the choreography.

Research findings: 1) This choreography is called the *Sekaran Krincing* dance, taken from the word *sekar* meaning a flower or a symbol of teenagers, and *sekaran* which represents potpourri or an arrangement of dance movements. *Krincing* (a type of bell) is property used to perform dances and it is made from wood. Small bells are fastened around it. When it moves, it will produce sound, put into harmony with the dance. 2) The sequence of the movements is organized through the stages of dance development, starting from exploration of the movements of traditional dance styles; improvisation by practising the outcome of the exploration of basic movements in the Malay martial arts, several movements from the Saman and Balian Dadas dances, and position of the hands in the Surakartan dances by developing a number of selected movements; evaluation by selecting movements based on results of the improvisation of some of those movements combined with transitional movements; and composition by creating and splitting into two parts, namely the sequence of movements part A and the sequence of movements part B. 3) Results of the validation by experts and users, the choreography that has been developed can be tested out. Data on the acceptance of the choreography developed were generated based on results of the trial and field evaluation, both in terms of sequence of the movements and how easy it is to follow the movements created. Thus, the choreography of the *Sekar Krincing* dance made is eligible to be included as learning materials of dance instruction for elementary school/junior high school/ senior high school students.

Kata Kunci: *choreography, Sekaran Krincing, traditional dance, traditional dances*