

# RECOVERY MENTAL THROUGH BOGA LIFE SKILL FIELD FOR WOMEN PRISONER IN WIROGUNAN YOGYAKARTA

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## ABSTRACT

This study aims to: (a) implement catering field life skills for mental recovery for women prisoner in LAPAS Wirogunan Yogyakarta. (b) to know the effectiveness of catering field skill implementation for mental recovery for Women prisoner in LAPAS Wirogunan Yogyakarta. This research uses action research procedures. The research location is LAPAS Wirogunan of Special Province of Yogyakarta. Data collection phase 1 using quantitative methods, by giving the identity sheet and self-motivation questionnaire. The next stage is done using documentation, observation, in-depth interview on the respondents. The data analysis technique is done by quantitative method with percentage technique, while the qualitative way, by analyzing during the course of activity process and how to analyze data and skill to make food and entrepreneurship ability. Descriptive research results are (1) the highest level of need or motivation is on the need for affection, there are 63 people (81.8%), while for the next level of need is the need of appreciation or appreciated as many as 57 people (74%). Indicators of successful implementation: a) Community members can see business opportunities in the field of culinary (100%) and are interested in seeing the success of friends (90.9%). b) Readiness of female assisted women in entrepreneurship on average shows high category (94,6%). c) Interest in the field of food is indicated by the potential identification of this culinary field, so it is a curative effort in restoring confidence to conduct positive activities in life. d) The ability of WB to analyze the product is reflected from the identification result by the targeted citizens, can mention various preparations from cassava, tomato, banana, egg and meat. e) The benefits of training for WB is, the results of the activity is felt manfaatnya by citizens built, in general can provide inspiration and entrepreneurial insight so as to generate interest in culinary business. Rare experience, because in the LP this activity was never done so as to give new spirit and hope.

Kata Kunci: *Life skill, women prison, food products*