

# **mprovement of Teacher Guidance and Counseling Skills in the Application of Gestalt Technical Group Counseling**

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## **ABSTRACT**

Group counseling is one of the guidance and counseling services in schools. Group counseling is oriented towards individual development and attempts to find strengths that relate to the individual themselves in utilizing group dynamics. The purpose of considering Gestalt counseling is 1) achieving awareness of what they do, 2) awareness of insight, self-acceptance, knowledge of the environment, responsibility for his choices, 3) ability to make contact with others, 4) supporting the ability to search, 5) accept feelings of pleasure, thoughts and self-confidence. The steps of the training activities include pre-test, material delivery, discussion, assignment, group counseling simulation, post-test and evaluation. The pre and post test results add to the training participants' knowledge and insight to improve significantly. Further training activities need to improve the quality of teacher guidance and counseling in providing guidance and counseling in schools.

Kata Kunci: *training, group counseling, Gestalt techniques*