

## THE "HEALTHY LIFE" MODEL IN FACING THE PLAGUE OF COVID-19

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### ABSTRACT

As of March 2, 2020, data on patients infected with Covid-19 has continued to increase every day and are spread across various islands of Java to outside Java. The increasing number of patients was then accompanied by a WFH (Work From Home) policy to prevent a more massive spread in mid-March 2020. In addition to WFH (Work From Home) other prevention efforts in the form of information on healthy living, maintaining distance, social restrictions, and also an appeal not to go home or return to the village was also carried out. Seeing this condition in facing the current situation and afterward, it requires a high self-awareness from the community. This self-awareness education will be carried out through online media. Online media is a medium that is widely used by the wider community today.

Kata Kunci: *Model, Healthy Living, Outbreak, Covid-19*