

Efforts to Healthy Skin And Appearance In The Teenagers Students Through Beauty Grooming Training At SMP Negeri 1 Sanden Bantul Yogyakarta

by Eni Juniastuti, M.Pd

ABSTRACT

Efforts to Healthy Skin And Appearance In The Teenagers Students Through Beauty Grooming Training At SMP Negeri 1 Sanden Bantul Yogyakarta

(Eni Juniastuti, Ika Pranita Siregar, Yuswati, Elok Novita, Asi Tritanti)

ABSTRACT

This community service activity programmes aims to: 1). Increasing the knowledge of junior high school students about the proper facial treatment according to skin type and scalp treatment, 2). Improving students' ability in applying facial and hair care according to skin condition and scalp of each student so as to maintain healthy skin of face and scalp, 3) benefit and satisfaction of participants through training of beauty grooming.

The method of activities used in this training is (1) presentation to convey the basic concepts and theories about safe cosmetics, facial skin, scalp and hair, facial, and scalp and hair care, 2) demonstration of facial treatments, as well as scalp and hair dry care, 3) Practice how to diagnose, facial as well as treatment of scalp and hair dry treatment.

Outcome of activities: 1) the implementation of Grooming beauty training activities as a knowledge and practices of self-appearance appropriate for age of puberty. Through training participants can determine facial skin, determine the type of scalp and hair, the right cosmetics for facial and hair skin types also gain skills in caring for facial skin and scalp and hair.2) Participants can apply these skills at home in order to increase the trust himself in an association both in the school and community in schools. 3). Evaluation on the implementation of the activity can be seen in the participant's response to the utilization level of the training activities of beauty grooming. The result showed that the training activity is useful with the average score of 3.42 and the participant's response to the training activity is satisfied with the average of 3.47. Participants' satisfaction is seen in every aspect, that is material aspect, material aspect, facility aspect, and result aspect.

Keywords: training, grooming beauty, yunior high school

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