

DEVELOPMENT OF WATER ACTIVITY MODELS TO INCREASE MOTIVATION FOR LEARNING TO SWIM FOR STUDENTS AT PRIMARY SCHOOL

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ABSTRACT

A brief problem in the field is that there are few models of water play activities that are suitable for elementary school students and the decline in motivation to learn to swim for elementary school students because they think that swimming material is scary. This research aims to organize and develop water play activities which are expected to increase motivation to learn swimming for students in elementary schools (SD).

This research was designed using research and development methods which were divided into several simplified stages. The subjects used in this research were divided into several categories. To obtain a match for the needs of the water play activity model for elementary school students and PJOK elementary school teachers. The research subjects to develop a model for water play activities were physical education experts and aquatic learning experts including swimming lecturers and elementary school PJOK teachers. The test subjects for the water play activity model were elementary school students.

Data analysis uses descriptive statistics and analysis of variance. The results of this research show that 20 models of water play activities have been prepared that are suitable, interesting, fun and safe for elementary school students which are expected to increase learning motivation, swimming skills and swimming learning outcomes. The elements contained in the water play activity model contain: name of the water play activity model, picture, goal, level of play, rules, tools and equipment used, size and depth of water, location settings, number of participants/players, how to play, potential swimming skills that can be developed and the emergence of a spirit of motivation to learn aquatic swimming for elementary school students.

Kata Kunci: Physical Education Learning, Water Play Activities, Motivation for Learning to Swim, Elementary School Students.