

TRAINING TECHNIQUE TRAINING AS ONE OF THE EFFORTS TO IMPROVE SELF REGULATED LEARNING ABILITY (SRL) FOR BK SMP TEACHERS IN BANTUL DISTRICT

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ABSTRACT

The guidance technique in improving self regulated learning is one of the choices in providing guidance and counseling services. The results of the review of activities show that there is an understanding followed by a commitment to design guidance design techniques in an effort to empower students to learn. However, from a variety of guidance techniques, only certain techniques are mastered so that further training is needed. In essence, participants (guidance and counseling teachers) want the implementation of BK properly, and are supported by programs that can improve the competence of BK teachers. Follow-up activities include guidance and counseling training with a focus on mastering a variety of guidance techniques. Some recommendations that can be considered in the development of guidance technical services, namely, the role of bureaucrats in the development of guidance and counseling. Mastery of competence (knowledge, skills and personality) becomes a whole unit within the mechanism of guidance service techniques. Guidance and counseling as a profession that serves students, so that individuals (people who are guided) become a field of study which is always emphasized to be understood both through instrument and non-instrumentation

Kata Kunci: *guidance techniques, self regulated learning, independence*