

SPORTS DISCUSSION FORUM: OPTIMIZATION OF DIY PREPARATIONS TOWARDS PON ACEH

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ABSTRACT

Achieving an achievement in the field of sports is basically the accumulative result of various aspects or elements that support the realization of achievement. Efforts to achieve achievement are multicomplex efforts involving many factors, both internal and external. The aim of this community service is to provide a discussion space for DIY coaches regarding preparation and provisions for facing the qualifying rounds for the National Sports Week (PON) championship.

Socialization activities in community service will be carried out in August 2023. The number of participants who will take part in this service is 43 trainers. The method used in this service uses discussion. The type of output of this service is by submitting articles. Indicators of achievement from the implementation of service activities to optimize preparations for the qualifying rounds so that all sports can take part in PON Aceh 2023.

As a result of community service activities, the coaches set targets for success by creating and designing training programs according to the needs of the sport. In order to continue this service activity, technical guidance, workshops, training and knowledge seminars are needed to support sports achievements, especially in the Special Region of Yogyakarta.

Kata Kunci: *Coach, PON*