

SELF DIRECTED LEARNING PADA PROGRAM PEMBELAJARAN KADER POS PELAYANAN TERPADU LANJUT USIA DESA BEJIHARJO KECAMATAN KARANGMOJO KABUPATEN GUNUNGKIDUL

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ABSTRACT

The research "Self Directed Learning in the Integrated Old-Age Integrated Service Post Cadre Learning Program in Desa Desa Karangmojo, Gunungkidul Regency", Aims: Describes the Self Directed Learning process in the Learning Program of the Elderly Integrated Service Post of Bejiharjo Village, Karangmojo District, Gunungkidul District. The research approach used was a qualitative descriptive study, with 12 data collection techniques and 2 key informants conducted by the researchers themselves using interview, documentation and observation guidelines. Data analysis uses the formula of Matthew B. Milles, A. Micheal Huberman & Johni Saldana which includes data reduction activities, data presentation and drawing conclusions / verification) and data collection activities are cyclical and interactive. The results of the study indicate: The purpose of this non-formal educational activity is to provide information, understanding and insight to the cadres of the elderly and the elderly population about the importance of a healthy lifestyle. The SDL approach goes through several stages, namely: (a) increasing the confidence of participants; (B) provide opportunities for participants to learn to ask questions; (c) providing an open and mutually reinforcing community; (d) make learning a personal need; (e) then SDL becomes an individual commitment; (f) instill ownership of learning needs; (g) creating opportunities for participants to be involved in the learning process; (h) provide motivation to learn, and (i) encourage commitment to participants for the development of SDL skills.

Kata Kunci: Self Directed Learning, Nonformal Education, Elderly, Posyandu Lansia