

IMPROVE ACHIEVEMENT of MOTIVATION FOR DIY SWIMMING ATHletes

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ABSTRACT

The purpose of this PPM activity in general is to conduct an Achievement Motivation Improvement Training for DIY Swimming Athletes. The specific objectives are (1) Increased insight and knowledge for swimming athletes in training to increase achievement motivation, (2) Increasing the performance of swimming athletes in competitions. The results of the activity are as follows: (1) Increased knowledge of officials, coaches, parents and especially aquatic DIY athletes on how to increase athletes' achievement motivation, (2) DIY aquatic athletes become more confident in facing the 2018 Indonesian Aquatic Festival championship, (3) DIY aquatic athletes understand how to increase self and friend's achievement motivation in facing championships, (4) Insights from officials, trainers, parents and athletes about increasing achievement motivation. Suggestions conveyed for this activity are expected to be developed into training to increase achievement motivation for all athletes in sports in the Special Region of Yogyakarta.

Kata Kunci: *achievement motivation, improvement, swimming Athletes*