

WORKSHOP MODIFIED FOOTBALL GAMES FOR JUNIOR HIGH SCHOOL PE TEACHERS IN SLEMAN

by Agus Sumhendartin Suryobroto, Nur Rohmah Muktiani, Saryono, Muhammad Sigit Antoni

ABSTRACT

The implementation of formal and non-formal PE in order to increase the quality of human resources has been implemented in various ways by the Indonesian government. The success of PJOK learning is determined by several elements, namely: teachers, students, methods, facilities and infrastructure, curriculum, environment, media, and others. PJOK learning in junior high schools needs serious attention from PJOK teachers and education observers. This is very important because, so far, learning has still had many obstacles. One of the obstacles is inappropriate and limited facilities and infrastructure, so that students cannot learn optimally. PJOK learning in junior high schools has so far been carried out using facilities and infrastructure that are not in accordance with the characteristics of students, as well as conventional learning models. For learning purposes, PJOK teachers must be creative and innovative in developing it, one of which is by modifying both the facilities and infrastructure and the rules of the game. The targets were 30 PJOK SMP teachers throughout Sleman Regency. The methods used are lectures, questions and answers, discussions, demonstrations, carrying out tasks, and mentoring in the field. The material provided is modified football games. The results obtained showed a significant increase in knowledge, skills, and attitudes toward implementing soccer game modifications in Sleman Regency Junior High Schools.

Kata Kunci: soccer, modification, PE, junior high school