

# **CAPACITY DEVELOPMENT OF PHYSICAL EDUCATION TEACHERS IN FORMATION ADOLESCENT PREPAREDNESS FOR DISASTER**

**by Soni Nopembri, Saryono, A. Erlina Listyarini, Nur Rohmah Muktiani**

## **ABSTRACT**

This activity aims to provide training and mentoring for junior high school physical education (PE) teachers to optimize physical education for adolescent preparedness to face disasters. The audience of this activity is 32 PE teachers of Junior High Schools in Sleman Regency of Yogyakarta Special Region. Activities by providing materials, both theoretically and practically from several sources, conducted on Saturdays and Mondays, June 12 and 14, 2021 at 07.30 – 15.00 WIB at SMP N 1 Kalasan. Mentoring activities are carried out online through various media so that communication occurs between the team and groups of teachers which carried out on June 26, 2021. This community services activity in the form of training can run well and smoothly. Participants gain knowledge about risk reduction policies, concepts, experiences and practices in the School. Preparedness is not only related to the environment and infrastructure, but also people's preparedness is very important to be developed through various approaches including education. Physical Education is one of the subjects that has great potential in the formation of youth preparedness to face various emergencies.

*Kata Kunci: Teachers, Physical Education, Preparedness, Disaster*