

THE TRAINING OF HANDLING INJURY WITH KINESIOTAPING IN FOOTBALL AND FUTSAL

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ABSTRACT

This activity is motivated by the need for the dissemination of methods of handling problems with kinesiotaping injury in the sport of football and futsal are expected to enrich the material handling injuries.

The purpose of this activity is to provide training on the handling of the injury with kinesiotaping in the sport of football and futsal for coach and physical education teachers.

Dedication to the community activity model is to provide training in the form of the theory and practice of handling the injury with kinesiotaping particularly in football and futsal. The subjects in this devotion is a coach and physical education teacher in Yogyakarta region.

The activities held on Nov. 4-5, 2016. The results obtained are already delivered training materials that cover the theory and practice materials. The theoretical material on the concept of sports injuries in football and futsal, anatomy and kinesiotaping concept. The material presented is about the practice of handling the injury with kinesiotaping method.

Kata Kunci: *training, injury, kinesiotaping.*