

Socialization Activity of The International Pencak Silat Federation (Persilat)

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ABSTRACT

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Pencak silat is a sport that is expected to contribute medals to multi-event Sea Games, Asian Games and even the Olympics. The aim of the socialization activity of the International Pencak Silat Federation (Persilat) competition regulations is an effort to improve the pencak silat performance of the Special Region of Yogyakarta (DIY) by: (1) increase trainers' understanding of changes to competition regulations based on the 2022 Persilat decision), (2) improve trainers' skills in utilizing science and technology, (3) improve trainers' skills in implementing training programs, and (4) improve trainers' qualifications in implementing quality training based on science and technology. The activity method uses lectures, practice, discussion and question and answer. The activity will be held on 21-23 September 2023 at the Graha Wanabhaktiyasa building, Yogyakarta City. Participants in the activity were 52 trainers out of the 40 targeted participants. The implementation of this socialization activity cannot be separated from supporting and inhibiting factors. Supporting factors are the collaboration with the IPSI DIY Regional Government, the IPSI DIY District/City Government, and the Pencak Silat UKM. The inhibiting factors for activities include: (1) participants have heterogeneous knowledge backgrounds so that the level of understanding of the material presented is also relatively different, (2) the implementation time is relatively short so that not all of the material can be accepted by participants, and (3) mentoring after the implementation of the activity, it is only carried out through monitoring and reporting on the trainer's activities when accompanying the athlete.

Kata Kunci: *socialization, pencak silat, competition rules*