

Psychological Well-Being Dynamics of Yogyakarta State University Students Based on Gender Role

by Diana Septi Purnama, Budi Astuti, Mitta Kurniasari

ABSTRACT

This study is aimed to determine the dynamic profile of psychological well-being in Yogyakarta State University students in terms of gender roles. Once the profile is known, the differences will be sought based on gender roles. This research was a quantitative research with the type of survey research. The research population was all students of Yogyakarta State University at the undergraduate level. The research sample is a number of students from seven faculties at UNY. The sampling technique used simple random sampling. Collecting data using a questionnaire. The data analysis technique used quantitative descriptive techniques. The results of the study are a profile of the dynamics of psychological well being in UNY students and the differences in terms of gender roles. This research is expected to provide input for related parties such as the Guidance and Counseling Study Program, the Technical Implementation Unit for Guidance and Counseling Services UNY and Yogyakarta State University.

Kata Kunci: psychological well being, gender roles, students