

THE IMPACT OF PLAYING BASKETBALL UNIFIED GAMES ON INCREASING THE VALUE OF FRIENDSHIP IN SPECIAL OLYMPIC ATHLETES AND PARTNER ATHLETES IN YOGYAKARTA

by Sumaryanti, et.al

ABSTRACT

Basketball unified game is a fun and exciting game for athletes with intellectual disabilities to play with athletes without intellectual disabilities playing together. The basketball unified game aims to improve physical, mental and social development and increase the friendship value of athletes with intellectual disabilities with athletes without intellectual disabilities. This research intends to examine the impact of implementing the basketball unified game on increasing friendship values ??and positive values ??between athletes with intellectual disabilities and partner athletes. This research is a mixed method research, namely a combination of qualitative and quantitative. This research has five steps, namely: the first step uses the literature review method by searching for journals related to this research topic using Mendeley, Google Scholar, Researchgate and Pubmed. Secondly, observation in the field is related to the child's abilities and the availability of existing infrastructure. A pre-experimental method with a one-group pretest-posttest design was carried out to test the effect of the basketball unified game intervention. The research subjects were 30 people who were athletes and partners. The results of the analysis show that the friendship activity observational test and attjective observational test have a significant value of $0.000 < 0.005$ so it can be interpreted that after being given treatment the value of friendship and the characteristics of athletes and partners increased significantly. The Basketball Unified Game program significantly influenced the increase in the friendship value of Special Olympic athletes and partner athletes in Yogyakarta, where every week there was a gradual increase.

Kata Kunci: *Basketball, unified game, value of friendship, intellectual disability*